

# Productive Healthy Ageing Profile

## Area profiles

### East Riding of Yorkshire

Counties & UAs (pre 4/19) in Yorkshire and the Humber region

### Optimise Health & Reduce Risks Early

### Values compared with England

● Better 95% 
 ● Similar 
 ● Worse 95% 
 ○ Not applicable 
 Quintiles: Best ● ● ● ● ● Worst ○ Not applicable

Quintiles: Low ● ● ● ● ● High ○ Not applicable

— Could not be calculated

➔ No significant change

⬆ Increasing

⬇ Decreasing

⬆ Increasing & getting worse

⬆ Increasing & getting better

⬇ Decreasing & getting worse

⬇ Decreasing & getting better

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Indicator	Period	East Riding			Region England		England		
		Recent Trend	Count	Value	Value	Value	Worst/Lowest	Range	Best/Highest
Life expectancy at birth (Male)	2017 - 19	—	-	80.4	78.8	79.8	74.4		84.9
Life expectancy at birth (Female)	2017 - 19	—	-	83.8	82.5	83.4	79.5		87.2
Healthy life expectancy at birth (Male)	2017 - 19	—	-	65.4	61.2	63.2	53.7		71.5
Healthy life expectancy at birth (Female)	2017 - 19	—	-	64.7	61.9	63.5	55.3		71.4
Disability-free life expectancy at birth (Male)	2017 - 19	—	-	64.5	60.8	62.7	53.4		69.6
Disability-free life expectancy at birth (Female)	2017 - 19	—	-	61.1	59.1	61.2	49.9		70.3
Life expectancy at 65 (Male)	2017 - 19	—	-	19.2	18.4	19.0	16.4		23.2
Life expectancy at 65 (Female)	2017 - 19	—	-	21.4	20.7	21.3	18.8		24.9
Inequality in life expectancy at 65 (Male)	2017 - 19	—	-	2.9	5.2	4.9	10.5		2.0
Inequality in life expectancy at 65 (Female)	2017 - 19	—	-	1.9	5.2	4.7	8.6		-0.6
Healthy life expectancy at 65 (Male)	2017 - 19	—	-	10.6	9.9	10.6	6.1		16.0
Healthy life expectancy at 65 (Female)	2017 - 19	—	-	11.8	10.7	11.1	5.2		16.7
Disability-free life expectancy at 65 (Male)	2017 - 19	—	-	9.7	9.1	9.9	7.0		15.1
Disability-free life expectancy at 65 (Female)	2017 - 19	—	-	10.0	8.9	9.7	6.0		13.5
Health related quality of life for older people	2016/17	—	-	0.754	0.731	0.735	0.634		0.793
Smoking Prevalence in adults (18+) - current smokers (APS)	2019	—	33,682	12.1%	15.7%	13.9%	23.4%		8.0%
Percentage of physically active adults	2019/20	—	-	63.5%	65.4%	66.4%	49.4%		77.3%
Percentage of physically inactive adults	2019/20	—	-	23.0%	24.2%	22.9%	35.2%		14.2%
Percentage of adults (aged 18+) classified as overweight or obese	2019/20	—	-	64.6%	65.2%	62.8%	78.3%		41.6%
Admission episodes for alcohol-related conditions (Narrow) - 40-64 yrs (Persons)	2018/19	➔	1,040	848	1035	929	1,670		453
Admission episodes for alcohol-related conditions (Narrow) - 40-64 yrs (Male)	2018/19	➔	618	1,024	1246	1149	2,185		561
Admission episodes for alcohol-related conditions (Narrow) - 40-64 yrs (Female)	2018/19	➔	422	678	828	714	1,380		345
Admission episodes for alcohol-related conditions (Narrow) - Over 65s (Persons)	2018/19	➔	951	1,086	1112	1049	1,697		644

Indicator	Period	East Riding			Region England		England			
		Recent Trend	Count	Value	Value	Value	Worst/Lowest	Range	Best/Highest	
Admission episodes for alcohol-related conditions (Narrow) - Over 65s (Male)	2018/19	→	652	1,630	1596	1501	2,510		966	
Admission episodes for alcohol-related conditions (Narrow) - Over 65s (Female)	2018/19	→	299	633	720	679	1,250		389	
Proportion of the population meeting the recommended '5-a-day' on a 'usual day' (adults)	2019/20	—	-	60.9%	53.5%	55.4%	41.4%		65.8%	
Cumulative percentage of the eligible population aged 40-74 offered an NHS Health Check	2016/17 - 20/21	—	14,461	13.3%	63.5%	71.8%	13.3%		100%	
Cumulative percentage of the eligible population aged 40-74 offered an NHS Health Check who received an NHS Health Check	2016/17 - 20/21	—	7,291	50.4%	46.6%	46.5%	12.2%		100.0%	
Cumulative percentage of the eligible population aged 40-74 who received an NHS Health check	2016/17 - 20/21	—	7,291	6.7%	29.6%	33.4%	5.4%		66.1%	
Hypertension: QOF prevalence (all ages)	2019/20	↑	58,658	18.1%	14.6%	14.1%	7.4%		18.2%	
Abdominal Aortic Aneurysm Screening - Coverage	2019/20	→	1,904	84.2%	79.3%*	76.1%*	34.1%		86.5%	
Population vaccination coverage - Flu (aged 65+)	2019/20	↑	60,744	72.3%	73.8%*	72.4%	58.3%		80.1%	
Population vaccination coverage - PPV	2019/20	↓	54,225	66.4%	71.2%	69.0%	47.1%		76.8%	
Population vaccination coverage - Shingles vaccination coverage (70 years old)	2017/18	—	2,469	44.4%	46.8%	44.4%	24.4%		57.4%	
Population vaccination coverage - Shingles vaccination coverage (71 years)	2018/19	—	2,319	51.6%	51.4%	49.1%	31.4%		65.0%	
Cancer screening coverage - breast cancer	2020	→	36,873	80.2%	75.0%*	74.1%*	54.1%		81.1%	
Cancer screening coverage - cervical cancer (aged 50 to 64 years old)	2020	↓	28,158	79.4%	77.7%*	76.1%*	59.2%		81.4%	
Cancer screening coverage - bowel cancer	2020	↑	45,302	68.8%	65.5%*	63.8%*	45.8%		71.7%	

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### East Riding of Yorkshire

Counties & UAs (pre 4/19) in Yorkshire and the Humber region

### Improve Wellbeing & Wider Determinants of Health

### Values compared with England

● Better 95% 
 ● Similar 
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 ● Lower 
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Indicator	Period	East Riding			Region England		England		
		Recent Trend	Count	Value	Value	Value	Worst/Lowest	Range	Best/Highest
Self-reported wellbeing - people with a low satisfaction score	2019/20	—	-	*	4.9%	4.7%	-	Insufficient number of values for a spine chart	-
Self-reported wellbeing - people with a low worthwhile score	2019/20	—	-	*	4.3%	3.8%	-	Insufficient number of values for a spine chart	-
Self-reported wellbeing - people with a low happiness score	2019/20	—	-	7.0%	9.8%	8.7%	14.6%		4.7%
Self-reported wellbeing - people with a high anxiety score	2019/20	—	-	21.0%	22.1%	21.9%	29.2%		14.5%
Percentage of people in employment (16-64 yrs)	2019/20	➔	153,600	79.6%	74.0%	76.2%	64.6%		84.1%
Percentage of people in employment (50-64 yrs)	2019/20	—	51,900	72.6%	71.6%	73.1%	61.5%		85.3%
Deprivation score (IMD 2019)	2019	—	-	15.6	26.0	21.7	45.0		5.8
Older people in poverty: Income deprivation affecting older people Index (IDAOP)	2019	—	11,343	10.8%	-	14.2%	44.0%		5.6%
Homelessness - households owed a duty under the Homelessness Reduction Act (main applicant 55+ yrs)	2019/20	—	110	1.3	2.3	2.9	12.8		0.7
Fuel poverty	2018	➔	14,027	9.4%	10.1%	10.3%	16.1%		5.2%
Percentage of people aged 65+ receiving winter fuel payments	2019/20	➔	83,980	94.0%	94.3%	94.1%	68.5%		97.2%
B19 - Loneliness: Percentage of adults who feel lonely often / always or some of the time	2019/20	—	-	13.86%	21.49%	22.26%	36.28%		13.86%
Social Isolation: percentage of adult carers who have as much social contact as they would like (65+ yrs)	2018/19	—	125	42.1%	38.8%	34.5%	11.1%		50.9%
Social Isolation: percentage of adult social care users who have as much social contact as they would like (65+ yrs)	2019/20	➔	1,405	45.3%	43.4%	43.4%	30.4%		53.8%
Older people living alone: % of households occupied by a single person aged 65 or over	2011	—	19,540	13.7%	12.7%	12.4%	6.0%		16.7%
Access to Healthy Assets & Hazards Index	2017	—	122,497	36.2%	14.1%	21.1%	100%		0.0%
Utilisation of outdoor space for exercise/health reasons	Mar 2015 - Feb 2016	—	-	16.8%	17.5%	17.9%	5.1%		36.9%

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### Reverse or Live Well with a Long-term Condition

### Values compared with England

● Better 95% 
 ● Similar 
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 Quintiles: Best ● ● ● ● ● Worst ○ Not applicable

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— Could not be calculated

→ No significant change

↑ Increasing

↓ Decreasing

↑ Increasing & getting worse

↑ Increasing & getting better

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Indicator	Period	East Riding			Region England		England		
		Recent Trend	Count	Value	Value	Value	Worst/Lowest	Range	Best/Highest
CHD: QOF prevalence (all ages)	2019/20	→	15,487	4.8%	3.6%	3.1%	1.2%		4.8%
Stroke: QOF prevalence (all ages)	2019/20	↑	7,531	2.3%	2.0%	1.8%	0.7%		2.8%
Diabetes: QOF prevalence (17+)	2019/20	↑	21,386	7.9%	7.4%	7.1%	3.6%		10.1%
Estimated diabetes diagnosis rate	2018	—	-	82.8%	81.9%	78.0%	54.3%		97.5%
Emergency hospital admissions for COPD	2019/20	↓	805	299	477	415	1,068		163
Percentage of cancers diagnosed at stages 1 and 2	2018	→	1,135	56.4%	52.9%	55.0%	47.5%		63.7%
Percentage reporting a long term Musculoskeletal (MSK) problem	2020	—	-	22.4%	19.7%	18.6%	25.9%		10.1%
% reporting at least two long-term conditions, at least one of which is MSK related	2020	—	-	16.2%	14.5%	13.2%	20.2%		6.9%
% reporting a long term MSK problem who also report depression or anxiety	2016/17	—	-	18.7%	25.1%	24.1%	37.8%		12.5%
Prevalence of knee osteoarthritis in people aged 45 and over	2012	—	31,716	18.2%	18.8%	18.2%	20.9%		14.6%
Prevalence of severe knee osteoarthritis in people aged 45 and over	2012	—	10,789	6.2%	6.5%	6.1%	7.7%		3.9%
Prevalence of hip osteoarthritis in people aged 45 and over	2012	—	18,912	10.9%	11.2%	10.9%	12.2%		9.6%
Prevalence of severe hip osteoarthritis in people aged 45 and over	2012	—	5,618	3.2%	3.4%	3.2%	4.0%		2.3%
Rheumatoid Arthritis: QOF prevalence (16+)	2019/20	→	2,714	1.0%	0.8%	0.8%	0.3%		1.2%
Preventable sight loss - age related macular degeneration (AMD)	2019/20	→	79	88.4	108.9*	105.4	174.8		16.4
Preventable sight loss - glaucoma	2019/20	→	27	12.9	13.6*	12.9	31.3		4.1
Preventable sight loss - diabetic eye disease	2019/20	—	5	1.7	4.0*	2.9	-	Insufficient number of values for a spine chart	
People aged 65-74 registered blind or partially sighted	2019/20	—	215	438	590	536	59		1,371
People aged 75+ registered blind or partially sighted	2019/20	—	1,065	2,642	3919	3429	393		10,278
Access to NHS dental services - successfully obtained a dental appointment	2015/16	—	1,477	95.5%	-	94.7%	86.3%		98.8%
Estimated prevalence of common mental disorders: % of population aged 16 & over	2017	—	40,209	14.2*	17.6*	16.9*	24.4		11.6
Estimated prevalence of common mental disorders: % of population aged 65 & over	2017	—	8,038	9.4*	10.7*	10.2*	14.6		7.3
Dementia: Crude Recorded Prevalence (aged under 65 years) per 10,000	2020	—	90	3.75	3.41	3.05*	1.16		7.72



Indicator	Period	East Riding			Region England		England			
		Recent Trend	Count	Value	Value	Value	Worst/Lowest	Range		Best/Highest
Dementia (aged under 65 years) as a proportion of total dementia (all ages) per 100	2020	–	90	2.9%	3.7%	3.5%	1.5%			7.2%
Dementia: Recorded prevalence (aged 65 years and over)	2020	–	3,029	3.58%	3.96%	3.97%*	2.91%			5.34%
Estimated dementia diagnosis rate (aged 65 and over) > 66.7% (significantly) similar to 66.7% < 66.7% (significantly)	2021	→	3,008	56.9%	63.2%	61.6%	50.5%			82.4%
Dementia: Direct standardised rate of emergency admissions (aged 65 years and over)	2019/20	–	2,670	3,053	3669	3517	6,100			2,120

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### Enhance Care & Support

### Values compared with England

● Better 95% 
 ● Similar 
 ● Worse 95% 
 ○ Not applicable 
 Quintiles: Low ●●●●● High ○ Not applicable

- Could not be calculated
- No significant change
- ↑ Increasing
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Indicator	Period	East Riding			Region England		England		
		Recent Trend	Count	Value	Value	Value	Worst/Lowest	Range	Best/Highest
Emergency hospital admissions due to falls in people aged 65 and over	2019/20	→	1,705	1,944	2097	2222	3,394		1,325
Emergency hospital admissions due to falls in people aged 65-79	2019/20	→	560	861	977	1042	1,847		627
Emergency hospital admissions due to falls in people aged 80+	2019/20	→	1,145	5,083	5346	5644	8,227		3,348
Hip fractures in people aged 65 and over	2019/20	→	515	584	569	572	912		326
Hip fractures in people aged 65-79	2019/20	→	140	216	235	240	412		132
Hip fractures in people aged 80+	2019/20	→	375	1,651	1537	1534	2,466		807
Osteoporosis: QOF prevalence (50+)	2019/20	↑	1,262	0.8%	0.8%	0.9%	0.2%		2.2%
Percentage of people aged 65 and over offered reablement services following discharge from hospital.	2019/20	→	262	1.9%	2.4%	2.6%	0.5%		10.0%
Percentage of people aged 65 and over who were still at home 91 days after discharge from hospital	2019/20	↓	170	64.9%	80.4%	82.0%	0.0%		96.9%
Percentage of people aged 65 and over using social care who receive self-directed support, and those receiving direct payments	2019/20	↑	1,752	99.0%	93.1%	91.6%	5.6%		100.0%
Percentage of adult social care service users satisfied with care and support services, age 65+	2019/20	—	1,940	62.8%	61.8%	61.5%	44.6%		76.8%
Percentage of adult social care service users have control over their daily lives, age 65+	2019/20	→	2,490	80.4%	72.7%	74.0%	58.9%		83.3%
Social Isolation: percentage of adult social care users who have as much social contact as they would like (65+ yrs)	2019/20	→	1,405	45.3%	43.4%	43.4%	30.4%		53.8%
Social Isolation: percentage of adult carers who have as much social contact as they would like (65+ yrs)	2018/19	—	125	42.1%	38.8%	34.5%	11.1%		50.9%
Carer-reported quality of life score for people caring for someone with dementia	2018/19	—	-	7.50	7.50	7.30	6.10		8.40
Permanent admissions to residential and nursing care homes per 100,000 aged 65+	2019/20	↓	543	608	655	584	1,564		203
Care home beds per 100 people 75+ <span style="border: 1px solid black; border-radius: 5px; padding: 2px;">New data</span>	2021	→	4,581	11.1	9.9	9.4	2.3		17.2
Nursing home beds per 100 people 75+ <span style="border: 1px solid black; border-radius: 5px; padding: 2px;">New data</span>	2021	→	1,162	2.8	4.2	4.6	1.0		9.6

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### Demographics & Mortality

### Values compared with England

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 ↓ Increasing & getting better  
 ↓ Decreasing & getting worse  
 ↓ Decreasing & getting better

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Indicator	Period	East Riding			Region England		England		
		Recent Trend	Count	Value	Value	Value	Worst/Lowest	Range	Best/Highest
Percentage of the total resident population who are 50-64 years of age (50-64 yrs)	2019	—	77,479	22.7%	-	19.0%	11.1%		23.0%
Supporting information - % population aged 65+	2020	↑	90,631	26.4%	18.9%	18.5%	6.6%		28.7%
Percentage of the total resident population aged 85 and over	2019	—	11,062	3.2%	-	2.5%	0.8%		4.0%
Supporting information - % population from ethnic minorities	2016	—	5,700	2.1%	9.2%	13.6%	0.9%		64.0%
Under 75 mortality rate from all cardiovascular diseases	2017 - 19	—	766	65.6	80.2	70.4	121.6		43.6
Mortality rate from all cardiovascular diseases, ages 65+ years	2017 - 19	—	2,880	1,147.0	1152.5	1044.6	1,482.3		696.5
Under 75 mortality rate from respiratory disease	2017 - 19	—	354	29.7	41.2	34.2	78.8		13.9
Mortality rate from respiratory disease, ages 65+ years	2017 - 19	—	1,493	598.2	663.2	616.1	1,040.5		363.2
Under 75 mortality rate from cancer	2017 - 19	—	1,405	120.5	137.5	129.2	182.4		87.4
Mortality rate from cancer, ages 65+ years	2017 - 19	—	2,764	1,066.5	1144.0	1074.7	1,470.1		794.1
Suicide crude rate 65+ years: per 100,000 (5 year average) (Male)	2013 - 17	—	18	9.5	11.2*	12.4	2.6		34.9
Direct standardised rate of mortality: People with dementia (aged 65 years and over)	2019	—	735	859	912	849	1,236		465
Excess winter deaths index (age 85+)	Aug 2018 - Jul 2019	—	67	14.2%	19.6%	18.2%	45.7%		-16.8%

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